



MENU

BREAKFAST

LUNCH

DINNER

SNACKS

SUN

SHEET PAN
PANCAKES,
FRUIT

CROCKPOT
ROAST, ROLLS,
SALAD

SPAGHETTI, PARM
ROASTED SUMMER
SQUASH, GARLIC
BREAD

APPLES AND PB,
CHEESE STICKS,
HARD BOILED EGGS,
POPCORN

MON

YOGURT
BOWLS

CHICKEN NUGGET
CEASAR WRAPS

BBQ PULLED PORK,
BAKED POTATOES,

APPLES AND PB,
CHEESE STICKS,
HARD BOILED EGGS,
POPCORN

TUE

EGG IN THE
HOLE

BBQ PULLED PORK
SANDWICHES,
CHIPS, CUCUMBERS

SHEET PAN
SAUSAGE AND
PEROGIES, ROASTED
FRESH GREEN BEANS

APPLES AND PB,
CHEESE STICKS,
HARD BOILED EGGS,
POPCORN

WED

CRANBERRY-
CINNAMON
OATMEAL

CHICKEN SALAD
SANDWICHES,
CHIPS

CHICKEN FAJITAS,
SPANISH RICE,
BEANS

APPLES AND PB,
CHEESE STICKS,
HARD BOILED EGGS,
POPCORN

THUR

SCRAMBLED
CHEESY EGGS,
TOAST

CHEESE
QUESADILLAS,
BEANS

COTTAGE PIE,
FRUIT SALAD

APPLES AND PB,
CHEESE STICKS,
HARD BOILED EGGS,
POPCORN

FRI

MUFFINS

POPCORN SHRIMP,
CUCUMBERS, RICE

HOMEMADE PIZZA
NIGHT

APPLES AND PB,
CHEESE STICKS,
HARD BOILED EGGS,
POPCORN

SAT

WAFFLES, EGGS

GRILLED HAM AND
CHEESE
SANDWICHES, FRUIT,
CHIPS

PESTO SHRIMP
PASTA, MELON

APPLES AND PB,
CHEESE STICKS,
HARD BOILED EGGS,
POPCORN

DESSERT: HOMEMADE PEACH COBBLER





PRODUCE

- STRAWBERRIES
- BLUEBERRIES
- 5 LB BAG POTATOES
- 2 BAGS APPLES (6 POUNDS OR SO)
- 3 CUCUMBERS
- 1 MELON
- 5 BANANAS
- BAG OF CARROTS
- 2 ZUCCHINI
- 1 BELL PEPPER
- 2 ONIONS
- FRESH GREEN BEANS
- GARLIC
- FRESH BASIL
- BAGGED CAESAR SALAD KIT



MEAT & SEAFOOD

- BEEF ROAST
- PORK TENDERLOIN
- 3 LB GROUND BEEF
- CHICKEN THIGHS
- DELI HAM
- SMOKED SAUSAGE
- PEPPERONI
- CHICKEN SALAD (DELI)



DAIRY & REFRIGERATED

- 3 DOZEN EGGS
- 2 GALLONS MILK
- BIG TUB YOGURT
- 1 LB BUTTER
- 16 OZ CHEDDAR CHEESE
- SLICED COLBY JACK
- PARMESAN
- 8 OZ MOZZARELLA CHEESE
- PACK CHEESE STICKS
- CROISSANTS FROM BAKERY
- PIE CRUST (2 BOXES)



AISLES

- PANCAKE MIX
- MUFFIN MIX
- LOAF SANDWICH BREAD
- LOAF FRENCH BREAD
- WRAPS (6 COUNT)
- 2 BAGS TORTILLAS (16 TOTAL)
- GRANOLA
- OATS (42 OZ)
- RICE (2LBS)
- SPAGHETTI NOODLES
- 1 LB SHORT PASTA
- PINTO BEANS (32 OZ) OR 2 CANS
- TOMATO SAUCE
- 2 JARS PASTA SAUCE
- TOMATO PASTE
- BBQ SAUCE
- ITALIAN DRESSING
- SALSA
- TACO SEASONING
- FAJITA SEASONING
- WORCESTERSHIRE SAUCE
- MAPLE SYRUP
- DRIED CRANBERRIES
- GROUND CINNAMON
- SALT
- AVOCADO OIL
- FLOUR
- SUGAR
- INSTANT YEAST
- PECANS OR PINE NUTS (8OZ)
- 2 BAGS OF CHIPS



FROZEN

- 2 (16OZ) BAGS FROZEN PEACHES
- FROZEN PIEROGIS
- FROZEN DINNER ROLLS
- FROZEN WAFFLES
- FROZEN CHICKEN NUGGETS
- FROZEN POPCORN SHRIMP
- FROZEN PEAS & CARROTS
- 1 LB SHRIMP, PEELED AND DE-VEINED